



SANBORN REGIONAL HIGH SCHOOL

POINTS OF P.R.I.D.E.

A newsletter that promotes our core values of

***P**ersonalization, **R**isk-Taking, **I**ntegrity, **D**iscovery, and **E**mpowerment*

March 26th, 2023

Sanborn Regional High School

17 Danville Road, Kingston, New Hampshire 03848

(603) 642-3341

www.sau17.org

*Proud recipient of the 2018 NH Excellence
in Education Award*



Important Upcoming Dates:

Monday, March 27th:

**Understanding your Senior's Financial Aid
Award letter @6:00pm in the library**

Friday, April 7th:

Quarter 3 ends.

Monday, April 10th:

Honor Society Inductions - This event is by
invitation only.

Tuesday, April 11th:

Jazz Concert @6:00pm in the auditorium

Wednesday, April 12th:

YRBS Survey - Read below for details

Wednesday, April 19th:

Trade Expo

Friday, April 21st:

Professional Development Day - No School

Monday, April 24th - Friday, April 28th:

Spring Vacation! No School

Please **[CLICK HERE](#)** to view the end of year events calendar.
The calendar is a live document.

Parents/Guardians: [CLICK HERE](#) for the 603 Bright Futures Survey

A Message from Administration:






Greetings Sanborn Community,

First, a big thank you to families for your support on Wednesday for our SAT/Alternative activities day. The Seniors had a great morning learning some 'Adulting 101 Skills', the Freshmen and Sophomores spent the day engaged in leadership and teambuilding activities and the Juniors had a very successful SAT administration. Juniors will be taking a brief survey about their experience taking the SATs so that we can continue to improve the preparation and process. Again, thank you for all of your support.

This week, the counseling office is hosting **Understanding your Senior's Financial Aid Award Letter** Monday night at 6:00pm in the library. We are looking forward to another great week here at Sanborn - and the last week of March!

Yours Always,

Jennifer Michitson, Dr. Robert Dawson, Nichole O'Brien, Heidi Leavitt, and Timothy Westphal

				
Jennifer Michitson Principal	Dr. Robert Dawson Assistant Principal Athletic Director	Nichole O'Brien Assistant Principal Curriculum	Heidi Leavitt Counseling Director	Timothy Westphal Assistant Principal

Athletic Update:

Spring Athletics Are Underway! The snow kept us inside for the first few days, but we have begun! Please look here for information on times and locations for spring practices, games, matches, meets, bus times, etc.: [Spring Combined Schedule](#)

Make Sure your Athlete is Registered!

Parents of student-athletes planning to participate in High School (or Middle School) athletics this spring, please head on over to [Final Forms](#) and get them registered. If you have any questions please contact Dr. Dawson: rdawson@sau17.net. Much more information about Sanborn Athletics this Spring may be found here: [HS Update](#).



Club, Organization, and Classroom Happenings:

News from the Spanish Club



The Spanish Club is proud to announce the newly elected members of its first ever board. We are very happy to have such a talented and enthusiastic group pushing forward the Spanish Club's future. From left to right are our treasure Kaitlyn Stocker, our vice president Jacob Gonzalez, our president Zinnia Hopkinson, and our secretary Emma Gillis.

These talented young Spanish enthusiasts will definitely help make the Spanish Club even more fun. Congratulations! ¡Felicidades!

National Honor Society Offering Spring Gardening/Yard Work Help

SRHS National Honor Society Presents...

GARDENING/YARDWORK HELP

We can help with planting, mulching,
and other gardening needs!..

Call : 603- 642- 3341
Or Email: emulvey@sau17.net

Let's get growing!

A colorful illustration of a garden scene. It features a green lawn with several pink and yellow flowers. A yellow sun hat with a pink ribbon is lying on the grass. A blue shovel is also visible. A blue butterfly is flying in the light blue sky above the garden.

Support the Sanborn Submariners!

Want to support the Submarine Team and their trip to compete in the International Submarine races! Now you can and get some sweet Sanborn Submariners gear at the same time. The team has an online store open for the next two weeks and every item purchased helps raise funds to support Sanborn's first Submarine team! Don't miss your chance to help our team out and pick out some sweet items to wear.



Check out the online store on their website by [CLICKING HERE!](#)

Sanborn Star - A Great Success and Fun for All!

This past Friday evening, the Class of 2025 hosted the first ever Sanborn Star competition! Seven acts competed for the title of Sanborn Star in three categories: On Stage Q&A, Best Dad Joke, and talent. Many talented students took to the stage! From singing and lip syncing to magic, and everything in between, this was a show for the history books. Logan Pickering took 3rd place with his great Q&A answer along with his talent of ripping off a record number of t-shirts in 60 seconds. Ryan Mallen took 2nd place by wowing the crowd with his vocal performance of both “Can’t Take My Eyes Off You” and “L.O.V.E.” Porcelain Jumpsuit with Angus Hanisco, Joe Medina, Jacob Corbin, and Joe Borgesi were crowned the first ever Sanborn Stars after an electrifying performance of both covers and original songs. All the contestants did a great job - Tyler Fortin, Ricky Calliouette, Shane McKeen, Jake Pitre, and Hunter Schrempf all shined on stage! Coach White and Rex Sullivan kept the show going and got the crowd pumped up as excellent emcees. Congratulations to the Sophomore class officers and tech crew on a successful show!



2022-2023 Youth Risk Behavior Survey Information for Parents

Our school is taking part in the 2023 Youth Risk Behavior Survey (YRBS) sponsored by the New Hampshire Departments of Education and Department of Health and Human Services. The survey will ask about the health behaviors of 9th through 12th grade students. The survey will ask about nutrition, physical activity, injuries, and tobacco, alcohol, and other drug use. It will also ask about sexual behaviors that could lead to pregnancy and sexually transmitted infections, including HIV.

The data the district receives is invaluable to us as a community. It informs decisions on how we educate our students about their wellness, and creates supportive elements within the school to ensure that student safety and health concerns are being met and adjusted to those needs. By taking part in this survey, the district is made eligible for grant money to support the Mental Health needs of our students.

Doing this survey will cause little or no risk to your child. The only potential risk is that some students might find certain questions to be sensitive. The survey has been designed to protect your child's privacy. Students will not put their names on the survey.

Also, no school or student will ever be mentioned by name in a report of the results. For the survey results to be accurate, it is important that all students, regardless of whether they have engaged in health risk behaviors, are given an opportunity to participate in the survey, but **the survey is voluntary**. No action will be taken against the school, you, or your child if your child does not take the survey. Students may skip any questions they do not wish to answer. In addition, students may stop taking the survey at any point without penalty.

We have posted the 2023 NH YRBS Questionnaire **here**, as well on the Counseling website.

Here are some fact sheets to parents:

[Parent Engagement: For Parents and Families](#)

[Teen Health Services and One-On-One Time with A Healthcare Provider: An Infobrief for Parents](#)

[Ways to Influence Your Teen's Sexual Risk Behavior: What Fathers Can Do](#)

[Monitoring Your Teen's Activities: What Parents and Families Should Know](#)

[Talking with Your Teens about Sex: Going Beyond "the Talk"](#)


The **Parental Opt-Out Form 2023** is here for you if your family does not wish to have your student participate.

Please reach out to your student's school counselor if you have any questions or concerns.

Counselor email	Students Assigned By Last Name
<u>Jennifer Brett</u>	A-F
<u>Jenna Grossman</u>	G-M
<u>Julie Conrow</u>	N-Z

Sponsor the Prom!

The class of 2024 is looking for your help to sponsor the 2023 prom. Please contact [Lila Woekel](#) or [Victoria Gibson](#) with any questions.

SANBORN PROM 2023 FUNDRAISER 	ALL INDIVIDUAL DONATIONS ACCEPTED		
	GREEN: \$100-\$250	PURPLE: \$250-\$500	GOLD: \$500+
SOCIAL MEDIA POST ON CLASS OF 2024 INSTAGRAM	✓	✓	✓
FEATURED ON BROCHURE FOR PROMENADE	✓	✓	✓
MENTIONED ON POSTER IN PROM VENUE			✓
FEATURED IN POINTS OF PRIDE	✓	✓	✓
SHOUTOUT DURING PROMENADE		✓	✓
MENTIONED IN PROM PHOTO SITE			✓
MENTIONED ON PROM FAVOR *EXCLUSIVE* *FOR OUR TOP THREE DONORS*			✓

THE SANBORN JUNIOR CLASS IS LOOKING FOR DONATIONS TO LOWER TICKET PRICES AT THE 2023 PROM. WE WANT ALL STUDENTS TO HAVE THE OPPORTUNITY TO ATTEND PROM FOR A REASONABLE COST. PAYMENTS ONLY ACCEPTED VIA CASH OR CHECK (ADDRESSED TO SANBORN REGIONAL HIGH SCHOOL CLASS OF 2024). EMAIL VICTORIA.GIBSON@SAU17.NET OR LILA.WOEKEL@SAU17.NET WITH ANY QUESTIONS YOU MAY HAVE.

Additional Information and Links

<u>SRHS Yearbook Information</u>	<u>School Counseling Update</u>	<u>Student Assistance Program</u>	<u>School Nurse Updates for March</u>	<u>SoRock Updates for March</u>
<u>Special Olympics of New Hampshire</u>	<u>PreSchool Lottery Announcement</u>	<u>Summer Camp Information</u>	<u>Outside Organization and Booster Activities</u>	<u>Community Sport Sign Up Information</u>
<u>Seacoast School of Technology Information and Events</u>	<u>Parenting Support Group</u>	<u>Student Job Opportunities</u>	<u>Exeter Adult Ed Information</u>	<u>PTO Announcements</u>
<u>Sanborn Seminary Trustees</u>	<u>Monthly Scholarship Newsletter</u>	<u>Lynn Lyons Presentation Information</u>	<u>2022-2023 SRHS Calendar of Events</u>	<u>Contact Tech Support</u>

[CLICK HERE to view the SRHS Daily Announcements](#)

[Visit our Website](#)

[Join our Email List](#)



Class of 2023 Senior Spotlights

Meet Evan Takach



Best Memory: Wrestling with my friend in the hall and Mr. Stack just walking by

Extracurricular Activities: Reenactment

Accomplishments: Achieved recognition reenacting unit

Traits that describe Evan: Straight forward, hard working

Favorite Teacher(s): Ms. Rolser

What the staff have to say about Evan:

Healey- Beneath all of that tough exterior, Evan is one of the most intelligent, respectful, and interesting students I have ever known. He has several unique interests and has a huge group of guys that he hangs out with every weekend. I love to hear all of his "war" stories and how his reenactment posse operates. Evan is an extremely hard worker, holding down the same job at FHP for years along with side gigs in the construction field. He has maintained excellent ranks within SST construction and will utilize these skills after HS. I am so excited to see where his path takes him. I will miss him dearly.

J Kelly. Evan and I share an interest in Military History and I will miss our discussions. Though he presents a gruff exterior, he can be considerate and kind. He is always willing to help the younger students with his strong skill set. And I have a lot of fun with his

friend group. I will miss Evan, but he is ready to move on.

Mme Hambucken: I have enjoyed my interactions with Evan very much. His German greetings are fun and add another language to the hallway, and I will miss that next year.

Meet Sean Lord

Best Memory: I like the weightroom and I like to walk

Favorite Teacher(s): ms healey ms mainz

What the staff have to say about Sean:

Sean-o-than, I have watched you change into an amazing young man with a super bright future. Sean has worked so incredibly hard on his personal growth and he has a lot to show for it emotionally and academically. Sean has found a lot of personal success with weight lifting and fitness goals. Sean definitely gave me a run for my money, at times, so I am so so proud of the man that he has become. I will miss you so much,

Sean-O-Than! -Mrs. Healey

Mrs Mulvey: Sean has a quick wit that he often keeps to himself, but when he releases it loud enough for others to hear, he draws laughter. His peers were often pleasantly surprised! He knew how to make the seriousness of Forensics into humorous anecdotes.

J Kelly Sean K Lord is one of those kids who has grown tremendously during his time at Sanborn. He has been a pleasure to work with in class, has helped me out at Homecoming, and has developed into a pleasant young man. Good luck Sean, you are ready to move on.



Meet Elizabeth “Liza” Pierson



Best Memory: Winning homecoming as senior class President

Extracurricular Activities: Student council, class council, NMYO flute choir, Tri-M music honors society, Prom committee chair

Accomplishments: Getting into Utah State University

Traits that describe Liza: Kind, Creative, Smart, Leader

Favorite Teacher(s): Mr Kelly Ms Swist

What the staff have to say about Liza:

Mrs Mulvey: Liza girl! Follow your big dreams out of this little town. Your courage knows no boundaries. Keep taking as many calculated risks as you can!

J Kelly Liza is a star. She's the type of kid who makes everyone around her better. Her compassion, empathy and work ethic, combined with her organizational skills and leadership abilities make her a formidable presence at Sanborn. And I haven't even mentioned her art skills or her willingness to push herself outside her comfort zone.. As Sr Class President, she has made my life easier. I really wanted

to gently tease her here, but I am so proud of having been able to work with Liza, I just can't do it. I will miss you Liza, but Utah State will be better for your presence, as was Sanborn.

Liza is a dedicated, diligent and such a magnetic person. I wish I had her as a student for all four years. I look forward to hearing about your adventures traveling! continue leading with kindness and the world will open up so many new doors! -pdriscoll

Meet Graycie Deschenes

Best Memory: helped reboot the school store

Extracurricular Activities: changed the school store around

Accomplishments: passing all my classes

Traits that describe Graycie: fun, helpful, glamorous

Favorite Teacher(s): mrs martin

What the staff have to say about Graycie:

I had the pleasure of having Graycie in my class this year. She is a bright, hardworking student, and I know she has an amazing future ahead of her in esthetician school. -Watson



Meet Mackenzie Colman



Best Memory: I loved the friendships I was able to make as well as becoming involved with the community.

Accomplishments: national technical honors society for cosmetology

Traits that describe Mackenzie: Motivated, caring, passionate

Favorite Teacher(s): Mr. Croteau

What the staff have to say about Mackenzie:

J Kelly: Kenzie is on the move. She had a plan to be a stylist and has worked hard to accomplish it. I miss having her in my advisory, but am proud of her vision, drive and accomplishments. It's all there with Kenzie.

Meet Kelcie Flynn

Extracurricular Activities: softball

Accomplishments: getting into college

Favorite Teacher(s): Mrs. Martin, Mr. Croteau, Mrs. Cleghorn, Mrs. Lang

What the staff have to say about Kelcie:

Kelcie has a great demeanor, she is strong, but quiet. She advocates for herself extremely well, and is not afraid of any challenge. Kelcie has expressed interest in a career as a real estate broker, a perfect fit- with her conviction, desire to achieve all while staying humble attitude-she could sell anything! I'll miss you Kelcie ~Mr. Croteau

